AGE MOS.	GROSS MOTOR	FINE MOTOR	SELF-HELP	PROBLEM SOLVING	SOCIAL EMOTIONAL	RECEPTIVE LANGUAGE	EXPRESSIVE LANGUAGE
1	Chin up in prone	Hands fisted near face		Fixes on ring Follows face	Discriminates mother voice Cries out of distress	Alerts to voice/sound	Throaty noises
2	Chest up in prone Head bobs when held in sitting	Hands unfisted 50% Retains rattle if placed in hand Holds hands together		Visual threat present Follows ring Recognizes mother	Reciprocal smiling – responds to adult voice & smile		Coos Social smile (8 wks) Vowel like noises
3	Props on forearms in prone Suspended in prone – head above body	Hands unfisted 50% Inspects fingers Bats at objects		Reaches for face Follows ring in circle (in supine) Regards cube	Expression of disgust (sour taste, loud sound) Understands relationship between speaker and voice	Regards speaker	Chuckles Vocalizes when talked to
4	Sit w/ trunk support No head lag – pull to sit Props on wrists Rolls front to back	Clutches at clothes Hands to mouth Reaches persistently Plays with rattle		Mouths objects Aware of strange situation Shakes rattle Reaches for ring/rattle	Smiles spontaneously at pleasurable sight/sound Stops crying at parent voice To & fro alternating vocalizations	Orients to voice Stops crying to soothing voice	Laughs out loud Vocalizes when alone
5	Sits w/ pelvic support Rolls back to front Anterior protection – parachute	Palmar grasp/cube Transfers object: hand- mouth-hand Holds hands together Attains dangling ring	Gums/mouth pursed food	Attains dangling ring Turns head – look for dropped spoon Regards pellet	Recognizes caregiver visually Forms attachment relationship to caregiver	Orients to Bell 1 Begins to respond to name	"Ah-goo" Razz, squeal Expresses anger other than crying
6	Sits momentarily propped on hands Pivots in prone Prone – bears weight on 1 hand	Transfers hand-hand Rakes pellet Takes second cube – holds on to 1st	Feeds self crackers Places hands on bottle	Touches reflection and vocalizes Removes cloth on face Bangs & shakes toys	Stranger anxiety (familiar vs. unfamiliar people)	Stops momentarily to "no"	Reduplicate babble w/ consonants Listens then vocalizes when adult stops Smiles/Vocalizes to mirror
7	Bounces when held Sits w/o support – steady Lateral protection	Radial-palmar grasp		Inspects ring Observes cube in each hand Finds partially hidden object		Orients to Bell 2 Attends to music	
8	Gets into sitting Commando crawls Pulls to sitting/kneeling	Bangs spoon w/ demo Scissor grasp of pellet Takes cube out of cup Pulls large peg out	Holds own bottle Finger feeds Cheerios or string beans	Seeks object after it falls silently to the floor	Lets parents know when happy vs. upset Engages in gaze monitoring: adult looks away and child follows adult glance with own eyes	Responds to "come here" Looks for family members, "Where's mama?" etc	"Dada" inappropriate Echolalia (8-30 mos) Shakes head for no
9	Gets to 4-pt Begins creeping Pulls to stand Bear walks	Scissor pincer grasp of pellet Radial-digital grasp of cube Bangs 2 cubes together	Bites, chews cookie	Inspects bell Rings bell Pulls string to obtain ring	Uses sounds to get attention Separation anxiety Follows a point, "Oh look at" Recognizes familiar people visually	Enjoys gesture games Orients to name well Orients to Bell 3	"Mama" inappropriate Non-reduplicate babble Imitates sounds
10	Creeps well Cruises around furniture – 2 hands Stands – 1 hand held Walks – 2 hands held	Clumsy release of cube Immature pincer grasp of pellet Isolates index finger and pokes	Drinks from cup held for him	Uncovers toy under cloth Pokes at pellet in bottle Tries to put cube in cup, but may not be able to let go	Experiences fear Looks preferentially when name is called	Enjoys Peek-A-Boo Waves bye-bye back	"Dada" appropriate Waves bye-bye
11	Walks – 1 hand held Pivots in sitting Cruises – 1 hand Stands few seconds	Throws objects Stirs with spoon		Finds toy under cup Looks at pictures in book	Gives objects to adult for action after demonstration (lets adult know he needs help)	Stops activity when told "no" Bounces to music	1 <sup>st</sup> word Vocalizes to songs
12	Stands well Posterior protection Independent steps	Marks after demo Fine pincer grasp of pellet Holds crayon Attempts tower of 2	Finger feeds part of meal Takes hat off	Rattles spoon in cup Lifts box lid to find toy	Shows objects to parent to share interest Proto-imperative pointing to indicate wants	1-step command w/ gesture Recognizes names of two objects – looks when named	Proto-imperative pointing to get desired object
13	Throws ball – sitting Walks w/ high guard	Attempts to release pellet in bottle	Drinks from cup w/ spilling	Dangles ring by string Solves glass frustration test Unwraps toy in cloth	Shows desire to please care giver Solitary play Functional play	Looks appropriately, "Where's ball?"	3 <sup>rd</sup> word Immature jargoning – inflection without real words
14	Stands w/o pulling up Falls by collapse Walks well	Imitates back-forth scribble Attains 3 <sup>rd</sup> cube by combining 2 2-cube towers One round peg in & out	Removes socks/shoes Chews well Spoon to mouth – turns over	Dumps pellet out of bottle after demo	Proto-declarative pointing to indicate interest Purposeful exploration of toys through trial and error	1-step command without gesture	Names one object Proto-declarative pointing
15	Stoops to pick up toy Creeps up stairs Runs stiff-legged Walks carrying toy Climbs on furniture	3-4 cube tower Place 10 cubes in cp Releases pellet into bottle	Uses spoon – some spill Attempts to brush own hair Fusses to be changed	Turns pages in book Places circle in single shape puzzle	Shows empathy (someone else cries, child looks sad) Hugs adult in reciprocation Hands toy to adult if can't operate (no demo - see 11 month above)	Points to 1 body part Points to 1 object of 3 Gets object from another room upon demand	3-5 words Mature jargoning w/ real words
16	Stands on 1 foot w/ slight support Walks backwards Walks up stairs – 1 hand held	All round pegs in with urging Scribbles spontaneously	Picks up & drinks from cup Fetches & carries objects (same room)	Dumps pellet out w/o demo Places circle in form board Finds toy under layered covers	Kisses by touching lips to skin Periodically visually relocates caregiver Self-conscious, embarrassed when aware of people observing them	Understands simple commands, "Bring to mommy" Points to 1 picture	5-10 words

AGE MOS.	GROSS MOTOR	FINE MOTOR	SELF-HELP	PROBLEM SOLVING	SOCIAL EMOTIONAL	RECEPTIVE LANGUAGE	EXPRESSIVE LANGUAGE
18	Creeps down stairs Runs well Seats self in small chair Throws ball – standing	4-cube tower Crudely imitates vertical stroke	Removes garment Gets onto adult chair unaided Moves about house without adult	Matches pairs of objects Circle reversed after searching	Passes CHAT Engages in pretend play (e.g. tea party, birthday party – with other people) Begins to show shame (when does wrong) & possessiveness	Points to 2 of 3 objects Body parts: 3 Points to self Understands "mine"	10-25 words Giant words (all gone, stop that) Imitates environmental sounds Names one picture on demand
20	Squats in play Carries large object Up stairs holding onto one hand	Completes round peg board w/o urging 5-6 cube tower Completes square peg board	Places only edibles in mouth Feeds self w/ spoon entire meal	Deduces location of hidden object Places square	Begins to have thoughts about feelings Engages in tea party with stuffed animals Kisses with pucker	Points to pictures: 3 Begins to understand her/him/me	Holophrases ("Mommy?" and points keys: 'These are Mommy's keys.") 2-word combinations Answers requests w/ "no"
22	Up stairs with rail, marking time Kicks ball w/ demo Walks w/ one foot on walking board.	Closes box with lid Imitates vertical line Imitates circular scribble	Uses spoon well Drinks from cup well Unzips zippers Puts shoes on partway	Adapts to FB reversal within 4 trials Completes form board		Pictures: 4-5 Body parts: 5-6 Clothing: 4 pieces	25-50 words Asks for more Adds 1-2 words/week
24	Down stairs with rail, marking time Jumps in place Kicks ball w/o demo Throws overhand	Train of cubes w/o stack Imitates single circle Imitates horizontal line	Opens door using knob Sucks through a straw Takes off clothes w/o buttons Pulls off pants	Sorts objects Matches objects to pictures Shows use of familiar objs	Parallel play Begins to mask emotions for social etiquette	Follows 2-step command Understands me/you Points to 5-10 pictures	2-word sentence (N + V) Telegraphic speech 50+ words 50% intelligibility Refers to self by name Names 3 pictures
28	Jumps from bottom step – 1 foot leading Walks on toes after demo Walks backward 10 ft	Strings beads awkwardly Unscrews jar lid	Holds self/verbalizes toilet needs Pulls pants up with assistance	Matches shapes Matches colors		Understands "just one"	Repeats 2 digits Begins to use pronouns (I, me, you) Names 10-15 pictures
30	Up stairs with rail, alternating feet Jumps in place Stands w/ both feet on balance beam Walks w/ one foot on balance beam	8-cube tower Train of cubes with slack	Washes hands Puts things away Brushes teeth w/ assistance	Reverses form board spontaneously Points to small details in pictures	Pretend play – advanced	Follows 2 prepositions: "put block in on box" Understands actions words: "playing washing blowing"	Echolalia & jargoning gone Names objects by use Refers to self w/ correct pronoun
33		9-10-cube tower 6 square pegs in pegboard Imitates cross	Toilet trained Puts on coat unassisted	Points to self in photos Points to body parts acc'd to function ("what do you hear with?")		Understands 3 prepositions Understands dirty, wet Points to objects by use: "ride in put on feet write with"	Gives first & last name Counts to 3 Begins to use past tense
3 yr	Balances 1 ft – 3 sec Upstairs, alternating feet, without rail Pedals tricycle Heel to toe walk Catches ball – arms stiff	Copies circle Cuts w/ scissors: side-to-side (awkwardly) Imitates bridge Strings small beads well	Independent eating Pours liquid from one container to another Puts on shoes w/o lace Spreads w/ knife Unbuttons	Adds 2 parts to DAP Understands long/short, big/small, more/less Knows own gender Knows own age	Starts to share with/without prompt Fears imaginary things Imaginative play Uses words to describe what someone else is thinking (Mom thought I was asleep)	Points to parts of pictures (nose of cow, door of car Understands long/short Names body parts w/ function Understands negatives	200+ words 3-word sentences Uses pronouns correctly 75% intelligibility Uses plurals Names body parts by use
4 yr	Balances 1 ft 4-8 sec Hops 1 ft 2-3 times Standing broad jump: 1-2 ft Gallops Throws ball overhand 10 ft Catches bounced ball (4 ½ yrs)	Copies square Imitates gate Ties single knot Cuts 5-inch circle Uses tongs to transfer	Goes to toilet alone Wipes after BM Washes face/hands Brushes teeth alone Buttons Uses fork well	DAP = 4-6 parts Number concepts to 2 Simple analogies: - dad/boy : mother/??? - ice/cold : fire/??? - ceiling/up : floor/??? Points to 4 colors	Passes Sally & Anne test Deception – interested in "tricking" others & concerned about being tricked by others Has a preferred friend Labels happiness, sadness, fear, & anger in self Group play	Groups objects (foods, toys) Follows 3-step commands Points to 4 colors Understands action words: II – (swims in water, cuts with, is read, sit at, tells time) Understands adjectives: bushy, long, thin, pointed	Digits: 3 forward 300-1000 words Tells stories Counts to 4 Names 4 colors 100% intelligibility Uses "feeling" words
5 yr	Down stairs, alternate feet, w/ rail Balances 1 ft> 8 sec Hops 1 foot 15 times Skips Running broad jump 2-3 ft Walks backward heel-toe Jumps backward	Copies triangle Builds stairs from model Puts paper clip on paper Can use clothespins to transfer small objects	Spreads with knife Independent dressing Bathes independently	DAP = 8-10 parts Number concepts to 3 Identifies coins Standardized IQ test needed	Has a group of friends Apologizes for mistakes Responds verbally to good fortune of others	R & L on self (5-7 yrs) Points to different one in a series Understands "er" endings (batter, skater)	Digits: 4 forward Counts to 10 Colors: 4-6 Defines simple words 2000 words Knows telephone number Responds to why questions
6 yr	Tandem walks	Builds stairs from memory Draws diamond Copies flag	Ties shoes Combs hair Looks both ways at street	DAP = 12-14 parts Number concepts to 10 Simple addition Understands seasons	Has best friend of same sex Plays board games	Reads at first-grade level Use PPVT	Days of the week 10,000 words when enters first grade